

Deuteronomy 26:10

So now I bring the first of the fruit of
the ground

that you, O LORD, have given me."

You shall set it down before the

LORD your God

and bow down before the LORD

your God.

Psalm 28:2

Hear the voice of my
supplication,
as I cry to you for help,
as I lift up my hands
toward your most holy
sanctuary.

Exodus 9:33

So Moses left Pharaoh, went
out of the city,
and stretched out his
hands to the LORD;
then the thunder and the hail
ceased,
and the rain no longer poured
down on the earth.

Judges 13:20

When the flame went up toward heaven
from the altar,
the angel of the LORD ascended in the
flame of the altar
while Manoah and his wife looked on;
and they fell on their faces to the
ground.

1 Kings 1:47-48

Moreover the king's servants
came to congratulate our lord King David, saying,
'May God make the name of Solomon
more famous than yours,
and make his throne greater than your throne.'
The king bowed in worship on the bed
and went on to pray thus,
'Blessed be the LORD, the God of Israel,
who today has granted one of my offspring
to sit on my throne
and permitted me to witness it.'"

1 Kings 8:22

Then Solomon stood before the
altar of the LORD
in the presence of all the assembly
of Israel,
and spread out his hands to
heaven.

2 Chronicles 6:13

Solomon had made a bronze platform
five cubits long, five cubits wide, and
three cubits high,
and had set it in the court;
and he stood on it.

Then he kneelt on his knees in the
presence of the whole assembly of
Israel,
and spread out his hands toward heaven.

Nehemiah 1:4

When I heard these words I sat down
and wept,
and mourned for days,
fasting and praying before the God of
heaven.

Psalm 5:7⁹

But I, through the abundance
of your steadfast love,
will enter your house,
I will bow down toward your
holy temple in awe of you.

Psalm 116:13

I will lift up the cup of
salvation

and call on the name of
the LORD,

I will pay my vows to the
LORD

In the presence of all his
people.

Daniel 6:10

Although Daniel knew that the document had been signed, he continued to go to his house, which had windows in its upper room open toward Jerusalem, and to get down on his knees three times a day to pray to his God and praise him, just as he had done previously.

Matthew 19:13

Then little children were being brought to him in order that he might lay his hands on them and pray.

The disciples spoke sternly to those who brought them;

Matthew 26:39

And going a little farther,
he threw himself on the ground and
prayed, "My Father, if it is possible, let
this cup pass from me; yet not what I
want but what you want."

Mark 14:34

And said to them, "I am deeply grieved, even to death; remain here, and keep awake."

And going a little farther, he threw himself on the ground and prayed

that, if it were possible, the hour might pass from him.

Luke 18:10

“Two men went up to the temple to pray,
one a Pharisee and the other a tax collector.

The Pharisee, standing by himself, was praying thus,
'God, I thank you that I am not like other people:
thieves, rogues, adulterers, or even like this tax
collector.

I fast twice a week; I give a tenth of all my income.'

But the tax collector, standing far off,
would not even look up to heaven,
but was beating his breast and saying,
'God, be merciful to me, a sinner!'

Luke 22:41

Then he withdrew
from them about a
stone's throw,
knelt down, and
prayed,

1 Timothy 2:8

I desire, then,
that in every place the men
should pray,
lifting up holy hands without
anger or argument;

Worship

The term "worship" in the Old Testament translates the Hebrew word meaning "to bow down, prostrate oneself," a posture indicating reverence and homage given to a lord, whether human or divine."