

Created by God | Fountain of Life

We are constantly reminded of God's presence in our life as we are surrounded by the wonder of creation. Creation confirms that God provides all that we need. Understanding ourselves as one small but precious part of God's created world helps us have a right relationship with God and with the world itself. The fountain in this station reminds us that God is the source of all the earth's water and the source of life itself.

Select a stone from the fountain and hold it in your hand. Take a few minutes to sit quietly, then

- LISTEN to the sounds of the water flowing
- VISUALIZE a place in the created world that strikes you with awe and wonder
- TOUCH the coolness of the water and REMEMBER your baptism
- READ the Scripture passages that remind us that God is the creator and we are God's beloved creatures.

Spend as long as you like in quiet meditation and prayer. These questions may guide your reflection. When you finish you may either keep your stone or return it to the fountain.

- What part of God's creation most grabs your attention? Why do you think that is?
- How can remembering that God created you give you strength?
- How can remembering that God created you lead you to be more dependent on God?
- How do you feel when you consider yourself in relation to the rest of God's creation? How do you think God considers you?

For out of dust you were taken; you are dust, and to dust you shall return. —Genesis 3:19

So God created humankind in his image, in the image of God he created them. —Genesis 1:27

Where were you when I (God) laid the foundations of the earth? . . . Have you comprehended the expanse of the earth? Declare if you know all this! —Job 38:4,18

When I look at the heavens, the work of your fingers, the moon and the stars that you have established; what are human beings that you are mindful of them, mortals that you care for them? Yet you have made them a little lower than God and crowned them with glory and honor. —Psalm 8:3-5

For it was you who formed my inward parts; you knit me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. — Psalm 139:13-14

But even the hairs on your head are counted. Do not be afraid; you are of more value than many sparrows. — Luke 12:7